



No. 27/2015

TO UEFA MEMBER ASSOCIATIONS  
TO CLUBS PARTICIPATING IN UEFA COMPETITIONS

For the attention of  
the president and the general secretary

Your reference	Your correspondence of	Our reference	Date
		KCDAD/MAC/VOU	26 June 2015

### **Anti-doping and medical preseason information letter**

Dear Sir or Madam,

In advance of the new season, I am writing to inform you of several aspects of UEFA's anti-doping and medical programmes that should be communicated to players and relevant staff at your association/club.

Enclosed with this letter is a folder which contains several reference documents to assist with your understanding of anti-doping matters and associated UEFA procedures. This includes the 2015 edition of the UEFA Anti-Doping Regulations and the 2014 edition of the UEFA Medical Regulations (the same edition as last season).

### **Anti-doping**

#### **Doping controls**

Teams and players must be aware that doping controls may be conducted not only by UEFA but by national anti-doping organisations (NADOs) or by FIFA. UEFA aims to coordinate its doping controls as much as possible with these other organisations, although this is often dependent on the other organisations sharing their testing plans with UEFA and therefore may not always be possible. Teams and players must also be aware that a player may be tested several times in quick succession, either randomly or if targeted for testing for a specific reason.

#### **Responsibility**

Given the disciplinary consequences that a player may face in the event of an anti-doping rule violation, we strongly recommend that clubs and associations take all necessary measures to ensure the adequate circulation of anti-doping information to all those who may require it, at all levels of the club/association.

In addition, we recommend that both national team and club doctors organise anti-doping information sessions for medical staff, other team staff and players.

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### **Players' leaflet**

For many years UEFA has distributed an anti-doping leaflet to teams participating in its competitions. The leaflet provides easy-to-understand information about the risks of doping, and helps teams to organise anti-doping information sessions for their players and staff. For this season the leaflet has a new design and updated content, but as in previous years it still deals with the most important anti-doping issues for players and is written in a clear and straightforward style. Seven languages are available: English, French, German, Italian, Portuguese, Russian and Spanish. Thirty leaflets in the relevant language are enclosed with this letter.

As detailed in the leaflet, all players must be fully informed of doping control procedures, anti-doping rule violations, the safe use of medication and the risks involved in taking any form of medication, food supplement or social drug. Players must also be informed that doping controls can be carried out at any time, both in and out of competition, and that blood and/or urine samples may be requested.

If you need additional players' leaflets or copies in other languages, please do not hesitate to contact the UEFA anti-doping and medical unit at [antidoping@uefa.ch](mailto:antidoping@uefa.ch).

### **UEFA Anti-Doping Regulations, edition 2015**

Circular 57/2014 (copy enclosed) was sent on 17 December 2014 to your association and the clubs remaining in UEFA competitions. It explains the updates contained in the new UEFA Anti-Doping Regulations, edition 2015, which entered into force on 1 January 2015.

### **Doping control form (D2 form) – player's declaration of consent**

A 'declaration of consent' clause for the player was included on the back page of the new doping control form (enclosed), which was introduced for use in all UEFA doping controls in January 2015. The purpose of introducing this new declaration was to comply with the new 2015 World Anti-Doping Code and to make sure players are well informed about the use and sharing of their personal data. This includes data related to their samples being used by and shared with FIFA, the World Anti-Doping Agency (WADA) and other relevant anti-doping organisations for anti-doping purposes.

### **Steroid profiling**

From the 2015/16 season UEFA will commence steroid profiling in its competitions. This will have no impact on the organisation of the sample collection process for players or teams, but teams should be aware that, for this purpose, players may be preselected by UEFA rather than drawn at random, for in and out-of-competition doping controls. Based on their individual steroid values or sequences, players may also be tested repeatedly in quick succession without explanation. Please ensure that your team staff and players are informed about this, and note that UEFA doping control officers (DCOs) will not be told why a player has been preselected.

### **UEFA EURO 2016 pre-tournament testing programme**

UEFA will commence its pre-tournament testing programme from 1 January 2016. Players who have competed regularly during the qualifiers for teams which qualify for the final tournament may be preselected for testing at their club matches in UEFA competitions (e.g. UEFA Champions League or UEFA Europa League matches), or for out-of-competition tests in the UEFA Champions League. As with the

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above point on steroid profiling, please ensure that your team staff and players are informed about this, and note that UEFA DCOs will not be told why a player has been preselected.

### **New testing development programme**

UEFA will be introducing a new DCO training and quality programme in the coming season to achieve an even higher level of quality and harmonisation of doping control procedures for the benefit of everyone involved, including the players and team staff. One aspect of this programme will involve an additional UEFA DCO expert observing doping controls at some matches. This will not affect the doping control process.

To facilitate this programme, a seat for the additional DCO expert next to their colleague(s) will be required.

### **Identification of players**

You are reminded of the obligation for players to have a valid form of identification with their picture, first name and surname (for instance, an ID card, passport, driving licence or health card) to present at the request of the DCO should they be selected for a doping control. In case of doubt, please be aware that UEFA DCOs are allowed to take a picture of the selected player.

### **Therapeutic use exemptions (TUEs)**

UEFA's rules and procedures governing TUEs, which are harmonised with those of FIFA, have not changed since last season. Players who are participating in UEFA competitions or in senior international (national A team) friendly matches and have to use a prohibited substance or method for therapeutic purposes must request prior authorisation from UEFA by means of a UEFA TUE application form (enclosed).

The TUE application form must be completed and signed by the player and their doctor, and then sent with a complete file of medical evidence to the UEFA anti-doping and medical unit (confidential fax +41 22 990 31 31). Forms must be sent to UEFA only, not to NADOs. Except in cases of medical emergency, doctors must not administer a prohibited substance or use a prohibited method unless a TUE has been granted by UEFA.

TUEs granted by FIFA are automatically valid for UEFA competitions. However, TUEs granted by NADOs are not valid for UEFA competitions unless they have been recognised by UEFA. In accordance with Article 4.4.3 of the World Anti-Doping Code, the UEFA TUE Committee recognises TUEs granted by NADOs to players who were not participating in a UEFA competition at the time, provided that the following three conditions are all fulfilled:

- the NADO followed the UEFA criteria for granting a TUE, in particular with regard to asthma treatment;
- the UEFA anti-doping and medical unit is provided with a copy of the original application form, including all medical information submitted to the authorising body (both translated into one of UEFA's official languages if necessary); and
- the UEFA TUE Committee confirms that the application complies with the UEFA TUE rules and requirements (which are the same as the FIFA and WADA rules).

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Please read the relevant enclosures carefully for more detailed information regarding TUEs.

Players participating in youth-level international friendly matches (i.e. any national youth team up to and including Under-21s) must apply to their NADO for a TUE, and not to UEFA.

TUE applications for prohibited beta-2 agonists must include a complete medical file meeting the requirements set out in the enclosed Guide to the WADA Prohibited List and TUEs.

### **Anti-doping section of UEFA.org**

All the above-mentioned documents related to anti-doping matters (UEFA Anti-Doping Regulations, edition 2015; 2015 WADA Prohibited List; Guide to the WADA Prohibited List and TUEs; TUE application form; and players' leaflets) and any other relevant anti-doping information may be downloaded in several languages from the dedicated anti-doping section of UEFA.org at:  
<http://www.uefa.org/protecting-the-game/anti-doping/index.html>

## **Medical**

### **UEFA minimum medical requirements**

UEFA minimum medical requirements (MMRs) remain the same as last season. Clubs and associations are, however, asked to pay particularly attention to the rules relating to pre-match and pre-tournament information provision (articles 16 and 17 of the UEFA Medical Regulations). Please note that failure to provide this information by the specified deadlines may result in the referral of the host club/association to UEFA's disciplinary bodies.

### **Head injury management**

During the 2014/15 season UEFA implemented a new procedure relating to on-field head injury management following approval by the UEFA Executive Committee (ref: circular 44/2014). It is recommended that team doctors, coaches and managers familiarise themselves with the procedure to ensure compliance and the correct treatment of all on-field head injuries. Team doctors are also advised to download the Sport Concussion Assessment Tool (SCAT) from the following link:  
<http://www.uefa.org/protecting-the-game/medical/index.html>

### **Medical section of UEFA.org**

The UEFA Medical Regulations and Guide to Minimum Medical Requirements (MMR) are available to download in several languages from the dedicated medical section of UEFA.org:  
<http://www.uefa.org/protecting-the-game/medical/index.html>

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Should you have any queries or require additional information regarding the regulations, please contact Caroline Thom (caroline.thom@uefa.ch). For TUE matters and medical matters, please contact Richard Grisdale (richard.grisdale@uefa.ch). General queries can be addressed to anti-doping@uefa.ch, antidoping@uefa.ch or medical@uefa.ch

Yours faithfully,

**UEFA**



Gianni Infantino  
General Secretary

Enclosures

- UEFA Anti-Doping Regulations, edition 2015
- 2015 WADA Prohibited List
- UEFA Medical Regulations, edition 2014
- 30 players' leaflet
- UEFA Circular No. 57/2014 concerning the UEFA Anti-Doping Regulations, edition 2015 and the 2015 WADA Prohibited List
- WADA summary of modifications made to 2014 WADA Prohibited List
- Guide to the WADA Prohibited List and TUEs
- TUE application form
- Doping control form (the player's declaration of consent is on the back of the form)

cc (with enclosures)

- UEFA Executive Committee
- UEFA Medical Committee
- UEFA Anti-Doping Panel
- UEFA TUE Committee
- UEFA Doping Control Officer Panel
- European members of the FIFA Executive Committee
- FIFA, Zurich
- European NADOs
- European WADA-accredited laboratories